

POWERED
BY ORANGE

4-H URBAN EXCHANGE

March 14-18, 2012

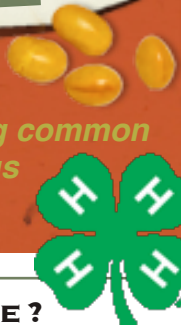


4-H
YOUTH

BRIDGING THE DIVIDE

URBAN AND RURAL OREGON TOGETHER

A gathering of urban and rural youth seeking common ground to manage the land around us



SCHEDULE

Wednesday



Travel Day

Travel to Portland with stops at educational sites along the way.

Thursday

OPTIONAL - Visit a local School:

Portland Sunnyside Environmental School will host students from around Oregon for this one day. Chaperones are welcomed to join for a tour of the school.

Friday



Tour PORTLAND - hike, bike, canoe, tram, train and more!

See Portland through different eyes. A group guided tour will take participants throughout Portland by foot, bike, trams and trains. Without a car, visit a local farmers markets, a rooftop garden, or a water management project. Participate in a community building project or visit a local sustainable business. These are just some of the activities for this day.

Saturday

Spend time with your urban host family and participate in family and community chores, explore the local neighborhood and learn about how Portland family lifestyles

Sunday

Return to Home

WHAT IS THE 4-H URBAN EXCHANGE?

In cooperation with the Grant County, Klamath County, Willowa County, Lake County, and Multnomah County, the 4-H Urban Exchange is designed to help participating youth and chaperones gain an understanding of natural resource management issues from both an urban and rural Oregon perspective. The exchange is also designed to help youth develop a camaraderie and spirit of friendship with families from urban Oregon who are involved in natural resource management.



Adult chaperones, screened and trained by OSU 4-H Extension staff, help drive vans to Portland and ensure a healthy and safe environment for all participating youth. The 4-H chaperon experience will

include a host family stay; visits around the local area, and helping with host family chores.



What to Expect



Participating chaperones will be expected to:

- ◆ be at least 21 years of age
- ◆ agree to complete a 4-H leader application, reference check, background release form and health form
- ◆ complete the online state driving safety course (30-minute online class)
- ◆ live with a rural host family for 5 nights -chaperones may be paired with another chaperon
- ◆ learn about the history of the area, urban Oregon lifestyle, and the economic, social and environmental issues in Portland which impact sustainability
- ◆ assist with driving vans to the rural communities
- ◆ Participate in a mandatory 4-H chaperon orientation to plan for trip.
- ◆ Be available to resolve problems relating to any urban youth

- ◆ participant while in the host county or in transit
- ◆ follow all OSU 4-H Policies and Procedures including: no use of alcohol or tobacco during duty as 4-H Chaperon
- ◆ report any suspected cases of child physical or sexual abuse or instances of sexual harassment and use Universal Health Care Precautions in event of accident or injury
- ◆ attend the student/parent orientation meeting at the conducted by 4-H Extension staff.
- ◆ assure a safe and healthy environment through support and enforcement of all rules.
- ◆ report all injuries, illness, homesickness, misconduct, etc. to appropriate health care provider and to 4-H staff (at the time of the incident) and will help complete an Incident/Accident Report
- ◆ Set a good example for 4-H'ers at all times.

4-H PARTNERS

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20



The Portland Farmers Market is a national leader in the promotion of healthy local food, sustainable agriculture, and supporting local farmers. Learn more about the urban agriculture movement in Portland.

GET INVOLVED!

How to Apply

This volunteer opportunity is open to teachers, parents and school staff. To apply as a chaperon, submit to the 4-H office

- A 4-H leader application (complete both sides) -
- submit an OSU Background release form
- Submit your application by January 13, 2012

If selected, chaperones must complete a **state online driver**



safety course.

For more information and applications, visit the website at

www.4hwildlifestewards.org.

“I enjoyed the sense of true meeting and learning, free of dispute and judgment.”

Portland Middle School Student.