

Day Three
4-H Sustainable Schools

THEME	SESSION	TIME	DESCRIPTION	
	Check-in	8:15 am		
Creating Your School Garden Project	Check-in	8:30 am	Morning Group Announcements	
	School Gardens	8:45 am	<p>Incorporating Food from Your Garden for Health Eating and Nutrition</p> <p>Explore hands-on educational activities and techniques that will allow you to use fruits and vegetables as a medium for learning across a wide range of content areas including art and science. These techniques allow educators to introduce new fruits and vegetables into children’s diets in a safe, nonthreatening way. Discover exciting ways to combine science inquiry and your garden produce. Learn where you can get simple, safe activities and techniques to assist you in utilizing fruits and vegetables to prepare nutritious meals in the classroom or club environment.</p>	<p>Native Flora and Fauna</p> <p>This session will provide opportunities to explore native plants of the Pacific Northwest and how to incorporate principles of wildlife management for attracting and managing wildlife on school grounds</p>
	Group Planning time	11:30 am	OSU Extension Faculty will mentor and guide the cohort groups to continue developing their school garden plan	

		Noon	Lunch
		12:45 pm	<p>Compass Basics and Solar Site Selectors</p> <p>Participants will become familiar with the use of a compass and a solar site selection in preparation for a mapping and site analysis of their habitat site or wildlife garden</p>
		1:15 pm	<p>Site Analysis</p> <p>In this session participants will gain knowledge and practical skills in site analysis and site maintenance for school gardens. Participants will move through a variety of stations that can be used with youth to inventory and analyze their site.</p>
		2:15 pm	BREAK
		2:30 pm	<p>Mapping Your Site</p> <p>A map of the site is essential for a school garden project. It is the roadmap for determining what plants to plant on the site and where to plant them. A map of the site is an important tool for also determining and identifying garden enhancements and design constraints.</p>
		3:30 pm	<p>Designing Your Site</p> <p>Participants will gain practical skills in garden design elements that include both form and function. Emphasis will also be placed on designing a garden that is sustainable and minimizes maintenance requirements.</p>
		3:45 pm	<p>Planting Tips and Techniques</p> <p>Discover practical knowledge and techniques to be utilized in preparation of seedbeds and during planting. Emphasis will be placed on classroom management while working with students in the garden.</p>
		4:15 pm	Wrap Up and Evaluation